James Bowie High School Cheer Tryout Packet 2025-2026

Application & Forms DUE: March 3rd, 2025 Tryouts: Thursday, March 13th, 2025 Check-in: Athletic Facility at Bowie

*Tryout times vary, tryout groups will be announced on the Wednesday of the clinic. See the time sheet attached for possible times.

Dear Parents/Guardians,

We are so excited that your child is interested in becoming a member of the Bowie Cheer Program for the 2025-2026 school year. If selected, your child must assume specific responsibilities and obligations in order to remain part of the team.

Please read the attached pages carefully. These pages provide insight on the rules and regulations which govern the Bowie Cheer Program and the JBHS Cheer Booster Club.

The approximate cost before any fundraising for each cheerleader is in the range of \$2,800.00 - \$5,000.00. This amount includes: required uniforms and equipment/accessories, summer cheerleading camp, practice wear, activity fees, and including, but not limited to: competition registration fees, travel costs, hotel stay costs, personal items, and JBHS Cheer Booster Club family membership fee and financial agreement, etc. Fundraisers will be available to offset some of the aforementioned costs.

Being a high school cheerleading parent requires not only a financial commitment but also a large time commitment. Cheerleaders will be required to attend summer camp, scheduled summer practices, practices before and/or after school during the school year, outside skill classes, out of town competitions, and various school events.

After reading and fully understanding the rules and regulations which govern Bowie Cheer and the JBHS Cheer Booster Club, please discuss with your child the responsibilities and time commitment expected of Bowie Cheerleaders.

If your child fully understands what is expected of a high school cheerleader and chooses to try out for cheerleading, please complete all the forms included in this packet and return them to the coaches no later than **Monday**, **March 3rd**, **2025**.

Being a member of the Bowie Cheer program has many rewards and is a valuable experience that your child will remember for a lifetime. We wish you a very positive experience. We appreciate your time and support.

Sincerely,

Bowie Cheer Coaches

Bryana Smith, Head Coach Davis Tran, Assistant Coach

Bowie Cheer Tryout Information

Student/Parent Information Meeting

- Where: JBHS Library
- When: Tuesday, February 18th @ 5:30pm
 - **Student and Guardian attendance** at this meeting is **REQUIRED** for the student's eligibility to participate in the Bowie Cheer program.
 - \circ More information is available from the coaches through email

Tryout Clinics (closed to the public)

- Where: Athletics Practice Gym, K135, James Bowie High School
- When: Monday, March 10th Wednesday, March 12th @ 5:00 PM-7:00 PM
 - \circ Every day of this clinic is mandatory for all students wanting to try out for Bowie Cheer. Students will learn the material required for the tryout.

Bowie Cheer Tryouts (closed to the public)

- Where: Athletics Gyms, K132 & K135, James Bowie High School
- When: Thursday, March 13th @ 5:00 PM 10:30 PM (times may vary)
 - Each tryout group will have a designated time slot to come in to tryout. Each group will have a warm-up before their tryout. Schedule of possible times is attached to this packet. Once they are finished with their tryout, they will need to be picked up immediately.
 - Candidates cannot bring anything with them once they are dropped off for tryouts, except a water bottle or required medications such as an asthma inhaler. Phones will not be permitted.

Captain Tryouts, All Teams

- Where: Dance Gym
- When: Tuesday, **April 8th**, @ 5:00 PM-7:00 PM
 - \circ The specific criteria for captain and officer selection can be found in the
 - Leadership Positions Addendum.pdf This document will be distributed at new team meeting
 - \circ We will have a captain and co-captain(s). Captain will be open up to Seniors and co-captain will be open up to Seniors and Juniors.
 - Bowie Cheer Officer elections will be **April 22nd**. TENTATIVE

Mandatory Bowie Cheer Dates

Parent Meeting for New Teams

- Where: Bowie High School Library
- When: Tuesday, March 25th @ 5:30 PM

 \circ In this meeting, parents will receive information about financial obligations, dates, and expectations.

 \circ We will be discussing the process for captain and officer tryouts.

• **Student and Guardian attendance** at this meeting is **REQUIRED** for the student's eligibility to participate in the Bowie Cheer program.

Uniform Fittings

- Where: Dance Gym, Bowie High School (Subject to Change)
- When: TBD

 \circ A representative from the uniform company will help make sure each member orders the correct sizes for all practice gear and uniforms. Once your athlete has been fitted, they may leave.

 \circ Returning members may sell their uniforms to new members.

• Fitting for current JBHS students will be held during the cheer class period @ 4:00pm; all new members @ 5:00pm.

Bowie Cheer Practice, after school

- Where: Bowie High School
- When: April 1st May 7th, 5:00 PM- 7:00 PM

 \circ These practices will help the team members bond and start working together as a team. We will work on stunts, fight song, cheers, and band dances.

• Please see our **Bowie Cheer Spring/Summer Schedule** on **page 14** of this packet.

Bowie Cheer Summer Camps, Clinics, and Pictures

- Where: Bowie High School
 - \circ JR DAWGS CHEER SUMMER CLINIC
 - July 6th @ 3:00 PM 5:00 PM (Tentative)
 - **July 7th 10th** @ 7:00 AM 7:00 PM (Tentative)
 - HOME CAMP: July 14th 17th
 - Varsity @ 9:00 AM 11:30 AM
 - All Teams @ 1:00 PM 4:00 PM
 - These practices will assist the teams to be prepared for UCA camp. Stunt groups, formations, skills checks and other decisions will be made during these practices.
 - TEAM PICTURES: TBD

UCA Cheer Summer Camp

- Where: Moody Gardens, Galveston, Texas
- When: Monday, July 21st Thursday, July 24th
 - This is a **mandatory** event for Bowie Cheer. Missing this camp for any reason other than illness or injury that prevents attendance and is specifically approved by the coaches in their discretion will result in *removal from the team*.
 - Students will be provided transportation to and from camp. Team members are required to stay for the duration of camp.

Bowie Cheer August Practice

The exact times and locations will be announced at a later date. However, after summer camp, the teams are in full preparation for pep rallies, football, and volleyball games. Other events occur before school starts that the cheer teams participate in as well.

Tryout Schedule

We will follow the schedule below for tryouts this year. There will be no holding rooms before or after athletes tryout. Candidates will need to be dropped off at the start of their warm-up time and picked up at the designated time below. **We suggest athletes stretch and review material before their scheduled warm-up time.** Candidates will receive their tryout groups on Wednesday of the clinic.

Group #	Warm Up	Tryout	Pick Up
1	4:55	5:15	5:30
2	5:10	5:30	5:45
3	5:25	5:45	6:00
4	5:40	6:00	6:15
5	5:55	6:15	6:30
6	6:10	6:30	6:45
7	6:25	6:45	7:00
8	6:40	7:00	7:15
9	6:55	7:15	7:30
10	7:10	7:30	7:45
·		Judge Break	
11	7:40	8:00	8:15
12	7:55	8:15	8:30
13	8:10	8:30	8:45
14	8:25	8:45	9:00
15	8:40	9:00	9:15
16	8:55	9:15	9:30
17	9:10	9:30	9:45
18	9:25	9:45	10:00
19	9:40	10:00	10:15
20	9:55	10:15	10:30

BOWIE HIGH SCHOOL CHEER TRYOUT AGREEMENT

Article 1: ELIGIBILITY

Section 1: Qualifications

Qualifications for admittance into the program include the following:

- All individuals must try out in the spring semester on the given tryout date.
- It is mandatory that all cheer candidates attend every day of the clinic.
 - If a candidate needs to miss a day of clinic, their absence must be pre-approved/excused by the coaches at their discretion.
 - Candidates are responsible for learning missed material on their own.
- Candidates must have cleared all financial obligations to their school before tryouts.
- Candidates and at least one parent/guardian must attend the parent interest meeting held in the spring prior to the tryout clinic. Coaches will explain the tryout process at this meeting.
- All individuals must complete the Candidate Tryout Application online (Google Form) and submit signed forms to coaches as a hard copy or via email.
 - Forms are **DUE MARCH 3rd NO LATE FORMS WILL BE ACCEPTED.**
 - Candidate Tryout Application (Google Form)
 - Signed copy of the Bowie Cheer Liability and Release Waiver signature page
 - Physical Form (current year) or Signed Doctor's Medical Release stating the candidate is cleared to participate in tryouts
 - Please do not go get a physical if you do not already have one as an updated physical will be required later in the year if you make the team. A doctor's note will suffice for tryouts.
 - Signed copy of the Bowie Cheer Tryout Agreement Signature Page
 - Signed copy of the Bowie Cheer Handbook Signature Page
 - Signed copy of AISD Student Success Guide (Student Code of Conduct) and Bowie Parent/Student Handbook signature page
 - Signed copy of the 2025-2026 Bowie Cheer and JBHS Cheer Booster Club Financial Agreement
 - Copy of approved transfer (if applicable)
- Candidates will be considered **ineligible to tryout** for the Bowie Cheer Team for the following reasons:
 - Academic:
 - The candidate must be **UIL eligible to participate** in our afterschool clinics

and tryouts.

- In order to be eligible for the team, the candidate must maintain eligibility and be passing all classes on their current report card (March 13th Grade Check). No Pass, No Play.
- Behavior: During the current school year, the candidate has:
 - Been placed in ISS for 3 days or more during the 2024-2025 school year
 - 3 or more discipline referrals for any reason
 - Been placed in alternative school
 - Been suspended from school or recommended for expulsion
- Program: The candidate will be considered ineligible to try out if the candidate quit or was removed for non-academic reasons from the Bowie Cheer program in the previous year.

Section 2: Performance Expectations

Tryouts will be conducted in a private and closed setting. Only judges, coaches, administrators, and tryout workers will be allowed in the tryout facility. Graduating seniors may be allowed to assist with check-in, ushering, etc. Other Austin ISD staff may be used to check-in, ushering, etc. The following categories/skills will be performed for judges at tryouts:

- Entrance
- Standing Tumbling if applicable
- Dance (to be learned at clinic)
- Jumps
- Cheer (to be learned at clinic)
- Fight Song (video will be provided **March 3rd**, will also be REVIEWED at clinic)
- Overall Impression

See scoring rubric sample for more information on the point breakdown for each skill (last page).

Section 3: Tryout Scoring

Each candidate's score will come from impartial qualified cheerleading judges who will be chosen to judge the performance requirements. The following point scale will be used for each category judged:

 Entrance Standing Tumbling Dance Jumps Cheer Fight Song Overall Impression 	12 points 4 points 20 points 8 points 20 points 20 points 16 points	Total / 100 Max Score = 100
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Tumbling Requirements: Tumbling is scored as points on the score sheet and is a requirement to make the Bowie Cheer Team. Athletes MUST obtain a score of 2 or higher in the standing tumbling sections to be considered for Varsity. Skills can be performed on the mat or gym floor at tryouts. However, when we meet as a new team in July, athletes will be required to throw the skills on the gym floor. If they cannot, they will be benched until the skill is thrown on the mat or gym floor surface.

- JV Cheerleaders must have AT LEAST the following skills:
 - $\circ\,$ Running and Standing Back Handspring and a minimum score of a 1 on the standing tumbling section of the tryout score
- Varsity Cheerleaders must have AT LEAST the following skills:

 $\circ\,$ Standing Back Handspring or Cartwheel Back Handspring with a minimum score of a 2 on the standing tumbling section of the tryout score

• Running and standing Tuck or Cartwheel tuck is highly encouraged

Section 4: Deductions

After the scores of the three judges are added together, points will be deducted from their total scores based upon the following rubric:

Point Deduction

- Office/Discipline Referral (each) 10 points
- Demerits from Spring Semester for Returners:
 - ∘ 1-3 5 points
 - **4-6 10 points**
 - 7-9 15 points

Section 5: Tryout Dress Code

Candidates need to wear:

- PLAIN white fitted tank top, white or black sports bra for females
- ALL black shorts (not spandex/bloomers/bike shorts)
- Hair pulled back from face, in a ponytail if length and texture permits for safety reasons
- Red cheer bow (for female candidates, optional for male candidates or those with very short hair)
- Regular athletic or cheer shoes
- White High Socks

No jewelry or embellishments allowed for any candidate for safety.

Section 6: Tryout Ranking

Cheerleaders:

- Varsity will be made up of the top scoring incoming sophomore, junior, and senior candidates.
- Junior Varsity will be made up of incoming freshman, sophomore, junior, and senior candidates with qualifying scores.

Team size and assignment will be determined by a natural break in the scores.

Section 7: Injuries

Any student wishing to try out, but who is injured, must try out at the designated time and participate to the best of their abilities. If the candidate is injured, a video submission of skills will be accepted, with prior approval from the coaches and administrators.

- The video must contain the required tryout elements and must not be older than 1 month and must be on the tryout surface (dead mat, grass, hardwood floor).
- A **signed** note from a **medical doctor or a trainer** detailing the injury must also be submitted.
- If the candidate submits a video for skills due to an injury, the candidate videos will be used for judges scoring.
 - The injured candidate will not have the opportunity to perform skills at live tryouts.

Section 8: Non-Bowie High School Students

A student transferring from another school to Bowie High School during the following fall semester may not tryout for the cheer team until the designated tryout time in the spring semester. Students who anticipate attending Bowie High School the following year will be allowed to tryout. However, transfer students will be considered as alternates until the permanent transfer application is processed.

If a student transferring from another school misses the designated tryout date, they will be considered for the team under the following conditions:

- The candidate must complete their tryout using the same material as the other team members. The material will be taught 5 days before their tryout date. This must be completed BEFORE the end of the Austin ISD spring semester.
- The candidate agrees to pay for the judging panel to return and rate their performance.
- The candidate agrees to pay for any additional costs for rush production of required attire.

Section 9: Alternate Tryout

Current Austin ISD Students:

If a candidate must miss the designated tryout date for a pre-approved reason, the candidate will need to come in the day before tryouts and film all of the tryout elements. There will only be ONE TAKE of the filming in order to ensure equal opportunities across all tryouts.

Article 2: CLINIC AND TRYOUTS

Section 1: Clinic

- Each candidate is expected to attend each day of the clinic from 5:00 PM 7:00 PM. Attendance will be taken at the start of practice each day. If a candidate is absent any day of the clinic, the candidate is no longer eligible to tryout. Only a doctor's note or preapproved event will excuse a candidate from the clinic. The candidate is responsible for acquiring and learning missed material on their own time.
- Each candidate will learn a tryout dance, cheer, and review the fight song that may not be changed or altered in any way.
- Each candidate will have the opportunity to practice jumps, standing tumbling, and running tumbling. Please understand that **tumbling spot personnel may not be provided** at clinics or during the tryout process.
 - A "spot" is when someone assists the athlete in getting over when performing their tumbling skill.
- Each candidate will be grouped at random. Groups will be given out Wednesday at clinic before tryouts take place.

Section 2: Day of Tryouts

- Each group of candidates will be given a designated time for warm-up and tryouts. Candidates will need to be picked up immediately after completing their tryout performance in front of the judges.
- Each candidate will be known by an identification number which will be worn during the entire process.
- Each candidate will be asked to spirit into the tryout facility. This is an opportunity to demonstrate running tumbling skills as well as energy and free form verbal spiriting.
- Each candidate will be asked to show 3 jumps: one must be: a toe touch, one must be a double toe touch, and the last jump will be a jump of the candidate's choice.
 - The candidate's jump of choice should be a jump to tumble if the candidate is able.
- The candidate groups will perform the dance, cheer, and fight song together.
- Tryouts are completely closed to the public.
- There will be three (3) certified judges selected by the coaching staff and approved by the administration.
- Each candidate will be judged on the same point scale.

Section 3: Announcements of New Teams

- Team size and assignment will be determined by a natural break in the scores.
- Announcements of the new teams will be posted online on March 14th at approximately 12:00 PM.

• Bowie Cheer Official Website

- The results of tryouts are final and cannot be appealed.
- Candidates that do not make a team have a one-week window from the time of tryouts to schedule a conference, at a mutually agreeable time, with the coaches and administration to discuss their individual scoresheets (March 24th 28th).
- Coaches will not discuss or answer any communication regarding tryouts until a conference is set with them.
- Coaches and administration will only discuss the scoresheets of the athlete in question. No information about other candidates will be discussed.

Article 3: FINANCIAL OBLIGATIONS

Below is an **ESTIMATE** of expenses that could be incurred by team members. Please know that the cost could be higher or lower than what is listed below. There will be various fundraisers throughout the year to help bring some of the costs down on a collective basis. Failure to participate in fundraisers will affect your out of pocket costs. Due dates will be discussed at the New Team Meeting.

Fundraiseable Items

- 1. UCA Camp (\$515 per person)
 - a. Remaining Fees after Spring Fundraising
- 2. Practice Top (minimum \$100 per person)
 - b. We will have 1 practice top per day, each athlete must purchase at least 5.
- 3. Competition Fees Due
 - a. UCA Regionals (\$300 +/-)
 - i. Payment date TBD
 - b. UIL State Spirit Championships (\$300 +/-)
 - i. Payment date TBD
 - c. Nationals High School Cheerleading Championship (\$1500 +/-)
 - i. Payment date TBD

Non - Fundraisable Items (personal out of pocket costs)

- Varsity (company) Payment: Due directly after fittings
 - Uniforms, shoes, poms, winter gear, rain jackets, pink out items, etc.
- Underarmour (backpack) Payment
 - \circ Check written to Bowie Cheer
- Ribbons/Bows and Practice Tops Payment
 - Check written to Bowie Cheer
- Varsity Letter Jacket Information TBD

Bowie Cheer Spring/Summer Schedule

Below are the scheduled practice times for the remainder of the spring semester and the tentative summer practices for camp and pre-season preparation. These events are <u>MANDATORY</u>. Please make note of these dates and adjust your schedules accordingly.

Date	Activity	Location	Time
Tuesday, March 25th	New Team Meeting	Bowie Library	5:30 PM- 6:30 PM
Tuesday, April 1	Captain Tryouts W/ Judges Leadership Application Due	Dance Gym	5:00 PM- 7:00 PM
Thursday, April 3	Practice	Dance Gym	5:00 PM- 7:00 PM
TBD	Uniform Fittings	TBD	TBD
,Tuesday, April 8	Captain Tryouts w/ peers	Dance Gym	5:00 PM- 7:00 PM
Wednesday, April 9	Practice	Dance Gym	5:00 PM- 7:00 PM
Tuesday, April 15	Practice	Dance Gym	5:00 PM- 7:00 PM
Wednesday, April 16	Practice	Dance Gym	5:00 PM- 7:00 PM
Tuesday, April 22	Leadership Presentations	Library	5:00 PM- 7:00 PM
Wednesday, April 23	Practice	Competition Gym	5:00 PM- 7:00 PM
Tuesday, April 29	Practice	Competition Gym	5:00 PM- 7:00 PM
Thursday, May 1	Practice	Competition Gym	5:00 PM- 7:00 PM
Tuesday, May 6	Practice	Dance Gym	5:00 PM- 7:00 PM
Wednesday, May 7	Practice	Dance Gym	5:00 PM- 7:00 PM

SPRING:

SUMMER:

Date	Activity	Location	Time
Week of July 6-July 10	Jr. Dawgs Cheer Clinic	Fine Arts Building	7:00 AM-5:00 PM
Week of July 14-July 17	Home Camp	Dance Gym	Varsity: 9:00 AM- 11:30 AM All Teams: 1:00 PM-4:00 PM
TBD	Team Pictures	TBD	TBD
Week of July 21 - July 24	UCA CAMP	Moody Gardens	Over Night

BOWIE CHEER TRYOUT CHECKLIST 2025-2026

Complete this page and turn it in as the cover page of your forms packet. Use this: <u>Bowie Cheer</u> <u>Tryout Candidate Paperwork Google Form</u> for your candidate application. You must turn in the completed signed forms as a physical hard copy OR via email to coaches at: <u>bryana.bauhs@austinisd.org</u> & <u>davis.tran@austinisd.org</u> BY THE DEADLINE (**11:59 PM, March 3rd**, **2025**). If these forms are turned in late, the candidate will be **ineligible** to tryout.

Candidate/Mascot Name

Grade for 2024-2025 School Year

Circle the position you are applying for (you may circle more than one): IF YOU MAKE A TEAM YOU DID NOT CIRCLE, YOU WILL NOT MAKE THAT TEAM.

Varsity Cheerleader Limited Varsity (Seniors only) JV Cheerleader Limited JV JV Mascot Varsity Mascot

Attached are the necessary forms to be completed in order to try out for Bowie Cheerleader or Mascot. Read and complete all of the forms. Be aware that a parent or a guardian's signature is required in several different places throughout the packet. Incomplete packets will disqualify students from trying out. You also need to be aware that as situations arise throughout the year, new rules and regulations may need to be developed. It is vital that all forms be reviewed and returned by the stated deadline!

*To be eligible for cheerleader/mascot you MUST attend all required meetings and practices, have an adult representative at the parent meeting, and must have a COMPLETED packet turned in ON TIME!

*Before turning in this packet, make sure that all of the following are completed and all required signatures are included.

Once both candidate and parent/guardian have read, understood, agreed to, filled out, and signed the forms and information requested on each page of the tryout packet, candidates MUST submit the completed forms. You can do this via email or turn in forms via hard copy.

NO LATE FORMS WILL BE ACCEPTED AFTER **11:59 PM**, **March 3rd**, **2025**. CANDIDATES WHO MISS THE DEADLINE WILL NOT BE ALLOWED TO TRYOUT FOR THE 24-25 BOWIE CHEER PROGRAM.

Forms	Athlete/ Trainer Initials	Staff use only
AISD Student Organization Application		
Signed copy of the Bowie Cheer Liability and Release Waiver		
Signed copy of the Bowie Cheer Tryout Agreement		
Signed copy of the Bowie Cheer Parent Agreement		
Signed Copy of the Bowie Parent/ Student Handbook		
Signed Copy of the Student Success Guide		
Signed Student and Parent Letter		
Loss of Membership & Responsibility Statement		
Travel & Competition Agreement		
Signed Copy of the 2025-2026 Bowie Cheer and JBHS Cheer Booster Club Financial Form		
Administrator Submit Candidate Discipline Record Form from Assistant Principle		
Tumbling Release Form (NA for mascots)		
Copy of current Physical Form or Doctor Signed Medical Release Form (new physicals will be required after April 15th)		
Medical History form (copy or signature from trainers)		
Fill out rankone online forms(copy or signature from trainers) **		
Copy of 2024-2025 grades- all grading cycles***		
Copy of approved Transfer (if applicable)		

*You must have a current physical on file, a new one will be required dated after April 15th in August: Please note that this is a new AISD protocol.

* Emergency forms are now done online: please use the attached Rankone online info sheet to guide you in the process.

* You must add this to the packet - all grading cycles are required.

AUSTIN INDEPENDENT SCHOOL DISTRICT STUDENT ACTIVITY APPLICATION BOWIE CHEERLEADER/MASCOT

I, _____, wish to apply for membership with the <u>Bowie High</u> <u>School</u>

<u>Cheerleaders</u>. I have studied and understand the regulations and requirements for membership, and I agree to apply by the conditions outlined. I agree to abide by the group's requirements if I am selected/elected for membership. I further understand that the principal has final authority over my participation in this activity.

(STUDENT SIGNATURE)			DATE
PARENT SIGNATURE			DATE
Please complete all information by <i>Name of student</i> :			
Student ID Number:			
Address:			
Cell Phone #:			
Mother's Name:		_Cell Phone:	
Mother's Email address:			
Work Phone #:	Home Ph	one #:	
Father's Name:		_Cell Phone:	
Father's e-mail address:			
Work Phone #:	Home P	hone #:	

Bowie Cheer Liability Release and Waiver Form

Minor's Name:	Parent / Guardian Name:
Address:	City, State, Zip:
Daytime Phone:	Evening Phone

Liability Release: For good and valuable consideration, the receipt and sufficiency of which are hereby acknowledge, I,

______, as parent or legal guardian of _______, a minor (hereinafter "Minor"), hereby grant permission necessary to allow above Minor to participate in the above Bowie Cheer Program to be conducted by **Bowie Cheer**. I, on my own behalf of above Minor, further agree to release and to hold harmless Bowie Cheer. I will not hold the respective directors, coaches, officers, representatives, members, agents, and employees of Austin ISD and their respective affiliates (hereinafter collectively "Releasees") from any and all liability whether caused by negligence of the Releasees or otherwise for any claim, judgment, loss, liability, cost and expenses (including, without limitations, attorneys' fees and costs) arising out of or connected with the Bowie Cheer Program, Austin ISD, James Bowie High School, JBHS Cheer Booster Club, including any claim arising out of or connected with any illness or injury (minimal, serious, catastrophic and/or death) that above Minor may incur or sustain during the season, all activities associated with the Bowie Cheer Program and/or JBHS Cheer Booster Club and while traveling to and from any sites for the season whether or not any of the Bowie Cheer events actually occur. I further expressly agree to indemnify and hold harmless Releasees and Releasees' heirs, successors, assigns, executors and administrators against loss from any further claims, demands or actions that may subsequently be brought by above Minor or by any other persons on the account of damages of any character resulting to above Minor in any way from the foregoing activities. I further agree to reimburse and to make good to Release any loss or costs Releases may have to pay as a result of any such action, claim or demand.

Medical Release: I, in my own behalf and on behalf of above Minor, acknowledge and agree that such participation subjects above Minor to possibility of physical illness or injury (minimal, serious, catastrophic and/or death) and that I, on my own behalf of above Minor, acknowledge that above Minor is assuming the risk of such illness or injury by participating in the Bowie Cheer season. In the event of such illness or injury, I authorize Bowie Cheer. to obtain necessary medical treatment for Minor and hereby, on my own behalf and on behalf of Minor, release and hold harmless Releases in the exercises of this authority. I further acknowledge and understand that I will be responsible for any and all medical and related bills that may be incurred on behalf of above Minor for any illness or injury that above Minor may sustain during the season and while traveling to and from any Bowie Cheer or JBHS Cheer Booster Club event whether or not the season/event actually occurs.

I represent that any medication to which above Minor is allergic or medications that above Minor is currently taking are listed below. I agree that above Minor shall bring medications that above Minor is currently taking with Minor during the season and that Minor shall consume the prescribed dosage for such medications.

Medications (if any): ______ Allergic to (if any): _____

I acknowledge that the above Minor suffers from the following condition: _______ I, on my own behalf and on behalf of above Minor, hereby warrant that I have read this Participant Release and Waiver Form in its entirety and fully understand its contents. I, on my own behalf and on behalf of above Minor, am aware that this Participant Liability Release and Waiver Form releases Releases from liability and contains an acknowledgement of my voluntary and knowing assumption of the risk of injury or illness. I, on my own behalf and on behalf of above Minor, further acknowledge that nothing in this Participant Liability Release and Waiver Form constitutes a guarantee that the season will occur. I, on my own behalf and on behalf of above Minor, have signed this document voluntarily and of my own free will.

Signature of Parent/Legal Guardian: _____ Date: _____

Relationship to Minor:	_
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_____ Minor Birthdate: _____

2025-2026 Bowie Cheer Tryout Candidate Agreement/Commitment

I have read the following information completely:

- Bowie Cheer Handbook
- James Bowie High School Parent-Student Handbook
- Austin ISD Student Success Guide (Student Code of Conduct).

I understand the responsibilities and privileges of being a Bowie Cheerleader and will abide by these rules and regulations set forth by the program. I will cooperate fully with the coach(es) and all persons and organizations concerned to promote spirit and good sportsmanship, at all times, both at school or away from school.

At all times, whether at school or away from school, I will conduct myself in a manner that best represents the students and faculty of James Bowie High School.

Candidate Name (Print)

Candidate Signature

Date Signed

2025-2026 Bowie Cheer Parent Agreement / Commitment

I/We, _____, the parent(s) of _____, have read and

understand the information in the following documents:

- Bowie Cheer Handbook
- James Bowie High School Parent-Student Handbook
- Austin ISD Student Success Guide (Student Code of Conduct)

and accept the rules and regulations. I/We give my/our permission for our child to try out for a position in the Bowie Cheer program. I/We will help my/our athlete to be accountable to the rules, expectations and requirements set forth by the Bowie Cheer Program. We will also encourage our child to be a leader and example of good character as a representative of James Bowie High School.

I/We also understand that the financial obligations that I/we must fulfill if my/our child qualifies for the team is in the range of \$2,800.00 - \$5,000.00. I/We are willing to provide these things as they become necessary. I/We understand and agree to the payments and know that fees must be paid by the due dates given by the program.

I/We understand that failure to follow the rules and regulations of the Bowie Cheer Handbook, James Bowie High School Parent-Student Handbook, Austin ISD Student Success Guide (Student Code of Conduct) will result in suspension or dismissal from the Bowie Cheer Team/Program.

Should my/our child be selected for a team, I/we understand that my/our child must have a current UIL Medical History and Physical Examination Form on file with the coach and the James Bowie High School Trainer on or before the applicable deadline.

Parent Name (Print)

Parent Signature

Date Signed

James Bowie High School Parent-Student Handbook Parent and Student Agreement

The purpose of the James Bowie High School Parent-Student Handbook is to maintain the safety and integrity of the campus. All student participants and parents are to be aware that the students represent the school district at all times. This Code shall be used throughout the school year, on and off campus. Within this document is the Digital Citizenship expectations for all students. I understand and agree to abide by all the provisions of the Austin ISD Parent-Student Handbook.

Name of Candidate (Print)	Grade

Cheerleader / Mascot Signature

I understand and agree to support all the provisions of the JBHS Parent-Student Handbook.

Parent / Guardian Signature

Date Signed

Date

Austin ISD Student Success Guide (Student Code of Conduct) Parent and Student Agreement

The purpose of the Austin ISD Student Success Guide (Student Code of Conduct) is to maintain the safety and integrity of the district. All student participants and parents are to be aware that the students represent the school district at all times. This Code shall be used throughout the school year, on and off campus. I understand and agree to abide by all the provisions of the Student Success Guide (Student Code of Conduct).

Name of Candidate (Print)	Grade
Cheerleader / Mascot Signature	Date

I understand and agree to support all the provisions of the Austin ISD Student Success Guide (Student Code of Conduct).

Parent /	Guardian	Signature
		0

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Date Signed

STUDENT/PARENT LETTER

Both parent(s)/guardian and candidate have read the guidelines, expectations, the AISD guidelines, the Bowie rules and regulations, the Bowie Cheer handbook, and have filled out the appropriate forms. We agree to follow all guidelines and agree to represent Bowie in the best possible way. As parents we have read our responsibilities and expectations and agree to the terms stated. Both candidates and parents understand the process in which the competitive teams will be selected and agree to this process and any decisions made. After careful consideration, we have decided that being a Bowie High School Cheerleader or Mascot is something that we are willing and able to do if elected to that position.

Candidate Signature:	Date:	
Parent Signature:	Date:	

LOSS OF MEMBERSHIP & RESPONSIBILITY STATEMENT

I understand that cheerleading is a year-round, full-time sport. I will be expected to practice 5 days per week, with some additional weekend practices. I will be expected to attend up to 2 events per week during the school year on top of any practices scheduled. Cheer is a time consuming sport and students are expected to continue to perform in all academic classes. Cheerleaders who accept employment during the school year must be prepared to balance the work/school/cheer schedule.

If a cheerleader/mascot becomes academically ineligible, by failing any class, for any two six weeks grading periods, the cheerleader/mascot will be permanently removed from the team. (This means that a cheerleader may not fail more than 1 six weeks from the time he/she makes the squad in April to May, the end of the following school year.)

If a cheerleader/mascot commits any infraction identified as "Behavior Subject to Removal to an Alternative Education Program" in the AISD Code of Conduct, the cheerleader may be permanently removed from the team.

In accordance with AISD guidelines, after a fair and impartial hearing, a student may be disqualified from membership by the Coach and campus administration if any of the following should occur after selection or during the time of membership:

- Repeated violations of school rules and regulation or a pattern of lack of cooperation with organization members and/or coaches.
- Lack of interest in fulfilling duties of office or membership as reflected by documented poor performance.

I have read and understand these expectations and agree to accept all of the rules and consequences explained to me. I fully understand that the cheerleading coach/sponsor may modify these expectations as necessary for the best interest of the squad.

Cheerleader's Name (print please)_____

Cheerleader's Signature/Date_____

Parent's Signature/Date_____

Parent's Signature/Date_____

TRAVEL/COMPETITION AGREEMENT

I agree to the following terms while representing Bowie High School during any trip or competition while under the supervision of my coach(es).

- 1. Travel in the proper attire as indicated by the sponsor(s) to and from all functions until the trip is completed.
- 2. Eat with and attend all functions with the team. Understand that at no time during the trip may I leave with anyone, not even my parents, without expressed permission from the sponsor.
- 3. Understand that athletes will take a bus to and from overnight events and stay together in the hotel as a team. If an athlete does not travel or stay with the team he/she forfeits the right to attend and participate at the competition as a Bowie Cheerleader. Individual student needs will be taken into consideration for traveling accommodations.

4. Sleep in my designated room, with only the assigned members of my squad. 5. Understand that I am not to enter any rooms, including parent rooms during any trip unless I am assigned to that room or have expressed permission from the sponsor. 6. Understand that only members of the squad and parents of the squad will enter the rooms that our squad members are occupying.

7. Follow the rules that friends and/or boyfriends are not allowed in the room at any time, and that to visit them, I must be in a public area and must let my sponsor know where I am.

8. Understand that there will be a curfew in effect and agree to follow it. 9. Understand that male members of the squad must not be in female rooms, or vice versa. 10. No alcoholic beverages or drugs of any kind are allowed. Possession or consumption of,

or being under the influence of any illegal substance will be grounds for immediate dismissal from the team.

11. Knowing the presence of alcohol or drugs and not reporting it to a sponsor or coach will seriously jeopardize a member's standing on the squad and dismissal could occur. 12. Follow Bowie's Student Code of Conduct, even while not on Bowie's campus. *We understand that every action taken directly reflects upon the team, school, district, sponsor and teammates. As a team member, I agree to conduct myself in the behavior that is suiting and appropriate for a Bowie High School student.

STUDENT SIGNATURE

DATE

PARENT SIGNATURE

DATE

2025-2026 Bowie Cheer and JBHS Cheer Booster Club Financial Agreement

Cheer is a club sport. As such, it is funded exclusively by the families involved in the cheer program. This funding is a combination of Bowie Cheer Program and JBHS Cheer Booster Club fundraising and out of pocket expenses for each cheer family. Please read the following statements and sign below agreeing to all information.

The fees below do not include travel to competitions, uniforms, camp gifts, etc

- There are no refunds for any fees paid to/for the Bowie Cheer program and/or JBHS Cheer Booster Club, regardless of circumstance. Examples of potential circumstances include, but are not limited to: injury, COVID 19 diagnosis/return to play protocol, disqualification for eligibility, disqualification for misconduct, any voluntary withdrawal from the Bowie Cheer program or JBHS Cheer Booster Club, fundraising in excess of expenses, etc.
- Booster and Bowie Cheer will be implementing a Financial Database. A percentage of the money that each athlete fundraises will go to the athlete's specific account, and will reduce from future payments. Coaches will decide at the time of the fundraiser what percentage of the earnings will go to the individual athlete and what percentage will go into the general cheer account.
- If summer fundraisers do not raise enough funds to pay the appropriate expenses, there may be additional fee requirements during the school year. The Bowie Cheer Coach and JBHS Cheer Booster Club President will determine this fee for all athletes/families as soon as possible once we are aware of what events and competitions we plan to attend.

The price ranges from \$2000-\$5,000. Prices are always subject to change.

Address:

JBHS Cheer Booster Club 9600 Escarpment Blvd, Ste. 745 PMB 128 Austin, TX 78749-1983 Venmo: @JBHSCheerBoosterClub

Check: Make check out to JBHS Cheer Booster Club

I, parent/guardian of ______, agree to all terms stated above including all financial obligations and my decision to OPT IN or Opt OUT of fundraising for Bowie Cheer and JBHS Cheer Booster Club.

Parent Name (please print):

Parent Signature: _____ Date: _____

Special Instructions for Candidate Discipline Record

Candidate Discipline Record

Attached to this packet is a copy of the Discipline Form. Each candidate is responsible for giving this form to his or her Assistant Principal to complete. The completed form requires an Assistant Principal signature.

All students must complete the top of this form and deliver it to their Assistant Principal by Monday, February 24th.

Current James Bowie High School students: DO NOT TAKE A COMPLETED FORM BACK FROM YOUR ASSISTANT PRINCIPAL. IT WILL NOT BE ACCEPTED. THE FORM MUST BE COMPLETED AND DELIVERED TO THE COACHES BY THE ASSISTANT PRINCIPAL!

Incoming Freshman & Non-Bowie Students: Your Assistant Principals can deliver the form electronically via email to coaches at: <u>bryana.bauhs@austinisd.org</u> & <u>davis.tran@austinisd.org</u>

Bowie Cheer Candidate Discipline Record

To be completed by Candidate:

Candidate Name:	ID:	Grade Level:
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Administrator Name: ______ School: _____

To be completed by Assistant Principal ONLY:

Instructions to School Personnel: Please complete this information with your records from the 23-24 School Year. Deliver the completed form to Bryana Bauhs by **Thursday, February 29,** 2024 via email or campus mailbox. Please **DO NOT** return this form to the candidate. Thank you for your assistance with cheerleading tryouts.

Has this student been assigned ISS? YES NO Has this student been placed in an alternative school? YES NO Has this student been suspended from school or recommended for expulsion? YES NO

Number of Referrals: _____ X 10 points each = _____ Total Point Deduction

_ Initial HERE if the student has NO discipline referrals for the 23-24 school year.

Administrator Signature

Date Signed

TUMBLING RELEASE FORM

I, parent/guardian of ______, am aware of my child's participation in tumbling at the Bowie High School Cheerleader Tryouts.

My child has _____ years and _____ months of tumbling experience.

Please list below the skills that you are capable of performing comfortably on a non-spring loaded floor. By listing them here, you are stating that you may perform these skills at Bowie Cheer tryouts.

I am comfortable performing:

- _____ Standing Back Handspring ____ Roundoff
- _____ Standing Back Tuck _____ Roundoff + Back Handspring
- _____ Standing Full ____ Roundoff + Back Handspring + Other Skills

STUDENT SIGNATURE

PARENT SIGNATURE

DATE

DATE

Judge's Initials:______ Deductions:______ GRAND TOTAL:_____

Bowie High School Tryout Score Sheet

Candidate # _____

0- No Perfo	rmance 1- Poor	2-Fair	3-Good	4-Excellent
Points Possible	Category	Scale	Total Points	Comments
12	Entrance: a.) Spirit / Voice b.) Facial Expressions c.) Overall Entrance	$\begin{array}{cccccccccccccccccccccccccccccccccccc$		
4	Standing Tumbling a.) Standing / Cartwheel Back Handspring Form b) Standing / Cartwheel Tuck Form	0 1 2 0 1 2 3 4		
8	Jumps Pointed toes, chest up, clean landing, correct and sharp motion placement			
	a.) Toe-Touch & Double Toe-Touch b.) Jump of Choice	$\begin{array}{cccccccccccccccccccccccccccccccccccc$		
20	Dance: a.) Sharp & Correct Motion Placement b.) Volume & Projection c.) Energy & Facials d.) Knowledge, Execution & Technique e.) Overall Performance	$\begin{array}{cccccccccccccccccccccccccccccccccccc$		
20	Cheer: a.) Sharp & Correct Motion Placement b.) Volume & Projection c.) Energy & Facials d.) Knowledge, Execution & Technique e.) Fillers	$\begin{array}{cccccccccccccccccccccccccccccccccccc$		
20	Fight Song: a.) Sharp & Correct Motion Placement b.) Volume & Projection c.) Energy & Facials d.) Knowledge, Execution & Technique e.) Rhythm	$\begin{array}{cccccccccccccccccccccccccccccccccccc$		
16	Overall: a.) Energy & Spiriting b.) Enthusiasm & Confidence c.) Technique d.) Smile, Facials & Presence	$\begin{array}{cccccccccccccccccccccccccccccccccccc$		

Judge's Initials:______ Deductions:______ GRAND TOTAL:_____